

Nature Play!

Loose Parts Play

Nature play allows for inquiry, sensory engagement, perspective-taking, imagination, creativity and more! See what loose parts you can find in your yard or green space and have fun!

Nature play can help learn skills like:

- Balance
- Stacking
- Sorting
- Music
- Building
- And more!



Add small animal toys for extra fun!



Making a Sensory Bin

Sensory bins can be made of all kinds of household or natural items found outdoors. Choose a variety of sizes and try to find different textures and colours. Experiment!

What would happen if you added water? What sinks? What floats?



Natural Items

- Dirt
- Sand
- Water
- Leaves
- Stones
- Sticks
- Bark

Non-Natural Items

- Lego
- Beads
- Marbles
- Feathers
- Buttons

Around the house

- Dry Noodles
- Cereals
- Beans
- Lentils
- Rice
- Popcorn