

Natural Paints



Use vegetables to make paints for a picture of one of our animals! Use the Who's Whos to help you pick one to paint.

1. Boil your chosen vegetable (chopped up) with enough water to cover it (find an adult to assist).
2. Simmer for 30 minutes (longer = darker dye).
3. Remove the vegetables (eat or compost them!).
4. Cool the dye (the coloured water that is left over).
5. Have some fun with natural dyes!



Red Cabbage
= Purple

*This dye also makes a great PH indicator to test for acids (turns pink) & bases (turns green)!



Spinach
= Green



Yellow Onion
Skins = Yellow



Coffee
= Brown

*Use only if your adults can part with some of their coffee!



Black Beans
= Blue

*Doesn't need to be boiled, just leave soaking for a day.



Avocado Skins
& Pits = Peach

What colours can you make if you mix some of the dyes?